

Portion Guides

Size in Inches	Round Fruit	Square Fruit	Round Sponge	Square Sponge
6"	25	32	14	18
7"	35	45	20	24
8"	47	60	25	32
9"	62	77	33	40
10"	72	95	39	50
11"	90	112	49	60
12"	107	135	56	72

Rich fruit cakes are traditionally cut into pieces measuring 1 inch x 1 inch, whilst sponge cake portions are usually larger, about 2 inch x 1 inch. This means a sponge cake cuts into fewer portions than a similar sized fruit cake ~ the first two columns in the table below show number of portions for a fruit cake, and the last two are for sponge cakes.

Shapes such as ovals, hearts and hexagons will give roughly the same number of portions as a round cake of the same size. Bear in mind that square cakes are easier to cut into rows of neat and tidy portions than round cakes!